

#### MAY 2014 NEWSLETTER

Dear Belle Haven Women's Club Members,

Spring is finally here in Belle Haven and the 2013 – 2014 Belle Haven Women's Club year has flown by! Help us celebrate the conclusion to a full and festive year by attending our upcoming Annual Dinner Event on May 8th at Belle Haven Country Club and the final Cookbook Tasting Event on June 8th celebrating the food of summer. We would love to see you all at both events to extend our thanks in person for your tremendous support over the past year. The Women's Club is one of the things that makes our neighborhood so special. Thanks so very much to each and every one of you for all that you do to help keep our organization vibrant and running smoothly!

Warm regards,

Lura Nell and Christine

President Emeritus

**Publicity** 

#### **BELLE HAVEN WOMEN'S CLUB OFFICERS**

2013 - 2014

President Lura Nell Mitchell
Vice President Christine Washington
Treasurer Barbara McMurray
Communications Secretary Vicki Coward
Recording Secretary Kara Cosby

Section Chairs

Community Projects
Diane Brumbaugh and Barbara Quarmby
Garden Club
Eleni Silverman

Sally Murphy

Diane Brumbaugh

Committee Chairs

CookbookChristine Corcoran StarkFinanceElizabeth Wilmot AdlerHistorianSusan GolightlyMembershipBethann HoreyParliamentarianBarbara QuarmbyPhotographerAngela Anderson

Records and Archives Barbara Hayes and Susan Golightly

Web Administrator Eleni Silverman

#### **May 2014**

Thursday, May 1

**Board Meeting** 

7:00 p.m.

At the home of Bethann Horey 6115 Vernon Terrace

Thursday, May 8

**BHWC Annual Meeting and Dinner** 

Chaired by: Denise Constandy and Angie Harden

"Fashion for the Home - New Trends in Decorating"

Noted Washington Area Decorator and Washington Design Center Hall of Fame Inductee, Kelley Proxmire, who has been designing spaces more than 20 years, will discuss current design trends. Kelley is known for creating tailored, traditional and colorful interiors. Her work has been featured in publications including Traditional Home, Southern Living, the Washingtonian, Home and Design, Luxe. Interiors + Design and Coastal Living.

Dinner Reservations and Payment Required by May 4th. Payment Cannot Be Accepted at the Door!

Location: Belle Haven Country Club

Tuesday, May 13

**Community Projects Annual Potluck Picnic** 

Noon

At the home of Susan Golightly

6020 Fort Hunt Road

Cancelled

**BHWC Garden Club** 

Tour of Tudor Place Historic Home and Gardens in Georgetown

#### **June 2014**

Thursday, June 5

7:00 p.m.

**Board Meeting** (Current and New Board Members)

At the home of Lura Nell Mitchell

2209 Belle Haven Road

Sunday, June 8

7:00 p.m.

**Cookbook Committee** 

Meeting and Tasting Celebrate Summer

At the home of Diane Mauk

Tuesday, June 17

10:00 a.m.

**Garden Club Meeting** 

At the home of Martha Johnston

6113 Edgewood Terrace

# BHWC ANNUAL DINNER AND PROGRAM FEATURING NOTED INTERIOR DESIGNER KELLEY PROXMIRE

RSVP and PAYMENT DUE SUNDAY, MAY 4TH

Door Prizes Courtesy of: Coco Blanca, Patina, and Melwood Horticulture Program



# Kindly Respond and Remit Payment by May 4th to:

Angie Harden 2220 Windsor Road

Checks Made Payable to BHWC

\$65 BHWC member \$75 guest

Attendees:

Name		
Name		

There will be no designated seating.

We recommend that you arrive early if you would like to reserve seats.

ADVANCE PAYMENT REQUIRED NO TICKETS WILL BE SOLD AT DOOR

#### **BHWC ANNOUNCEMENTS AND NEWS**

After 13 years of leadership, Community Projects Co-Chairs, Barbara Quarmby and Diane Brumbaugh, are stepping down after this year. Their many years of commitment to the BHWC Community Projects Section are greatly appreciated by all members. Susan Golightly and Fran Rice have agreed to serve as the new Co-Chairs beginning in July of 2014.

Please join Community Projects for the annual end of the year picnic, which will be held on Tuesday, May 13, at noon at the home of Susan Golightly, to help us honor and thank Barbara and Diane for their many years of service.

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Spring has arrived and many homes in Belle Haven are For Sale. Many have recently sold. The BHWC coordinates with the Belle Haven Citizens Association to ensure that a BHCA welcome basket is delivered to any and all new residents. The BHWC follows up with a special communication and invitation to join the Belle Haven Women's Club.

<u>Please help us in our effort to welcome new neighbors</u> by emailing or calling Lura Nell Mitchell or Christine Washington when someone new moves in near you. <u>Intmitchell@cox.net</u> or <u>jandchristinewashington@msn.com</u>

Also, please let us know when a new baby is born to Belle Haven residents, so we might coordinate with the BHCA to have the traditional new baby notice and pink or blue ribbon placed at the flagpole circle.

These are wonderful traditions that help distinguish our neighborhood as such a warm and welcoming place. Thank you for sharing any new information that you can; we rely on it to be able to continue to welcome our new neighbors and celebrate new babies. Thank you again!



# The April 2014 Spring Culinary Inspirations Program Has Been Rescheduled

Charlene Henry's "**Spring Culinary Inspirations**" program has been rescheduled for next Spring. Look for the date and all details in the 2014 - 2015 BHWC Calendar of Events.





## **BHWC COOKBOOK CORNER**

### We are now focusing on Recipes for Spring!

The BHWC Cookbook Committee held its Spring Tasting Event on Sunday, April 27 in Peggy McLeland's beautiful garden, which was awash with blooming dogwoods.

Those in attendance enjoyed many tasty dishes including **grilled fresh vegetables and a lemon and arugula pasta salad (both seen above),** Spring veal fricassee, chilled avocado soup, a Spring vegetable risotto, a simple coconut cake with Spring berries, and chocolate Easter egg nests.

#### The Committee needs your SPRING recipes for the forthcoming BHWC seasonal cookbook.

Please submit your family favorites that utilize spring ingredients — lamb, ham ,veal, English peas, blood oranges, asparagus, strawberries, rhubarb, baby potatoes, artichokes, and all other of Mother Nature's Spring bounty. Our goal is to collect at least 60 Spring recipes (appetizers, side dishes, entrees, and desserts) to balance this section of the cookbook with the Fall and Winter sections. Your support in this effort will be most appreciated and your submissions will definitely contribute to the success of our forthcoming BHWC cookbook.

Do submit any and all of your recipes, so that you will be included in this important women's club effort, and mark your calendar for our final tasting event, "Celebrate Summer" on the evening of Sunday, June 8th at 7:00 pm. All BHWC members are invited to attend our tasting events.

Happy Spring,

Christine Corcoran Stark Cookbook Committee Chair

While the date for submission of recipes for Fall, Winter/Holiday, and Brunch, Breakfast and Bread for All Seasons has passed and Summer has not yet arrived, please know that any seasonal recipes are most welcome and will be cheerfully accepted!

# APRIL 27<sup>TH</sup> SPRING FOOD TASTING EVENT HIGHLIGHTS



Spring Veal Fricassee

Coconut Cake with Fresh Spring Berries



Alison Anderson, Elaine Kramer, Jane Andreae, Peggy McLeland enjoying cocktails on the terrace.



# **Belle Haven Garden Club News**

Our next meeting will be held June 17th, at Martha Johnston's home, 6113 Edgewood Terrace.

#### **Gardening Tips:**

Our April showers have certainly brought May flowers and a much welcomed spring. Gardens are bursting with new green life. The following are some tips to make your May gardens and lawn shine:

**Bulbs**: The blooms of daffodils, tulips, hyacinths and other spring blooming bulbs have faded leaving behind their foliage. Don't be tempted to cut the foliage back-- this foliage is photosynthesizing to rejuvenate the bulbs for next year's bloom. Do fertilize with bone meal, or other flowering plant food like Plant Tone or Osmocote.

**Perennials:** Summer blooming perennials like sedum, rudbeckia, Joe Pye Weed, and chrysanthemums should be cut back once the foliage reaches 10-12 inches in height. This will encourage a bushy rather than lanky growth and will keep these plants from "falling over" when the reach maximum growth in the summer. Cut back in half from 5-6 inches.

<u>Roses</u>: Prune one-time bloomers when they finish blooming this month. Deadhead (remove spent blooms) hybrid tea roses and grandiflora roses regularly to encourage re-bloom and bushy plant growth. Feed roses every six weeks during the blooming season with a product like Rose Tone or compost.

**Shrubs**: If azaleas need pruning, do so within 6 weeks after they bloom. New blooms will be forming after that and you will lose next year's bloom. This does not apply to the new repeat blooming varieties. Prune old branches of forsythia to the ground

<u>Hanging Baskets</u>: Outdoor hanging baskets will benefit from regular watering and fertilizing. Bi-weekly fertilizing with a water soluble fertilizer will keep them blooming. Pinch off any spent blooms that have died.

**Houseplants/Tender Plants**: Give your houseplants like hibiscus, jasmine, mandevilla, begonias, coleus a vacation outdoors once the danger of frost has gone. The last frost date in our area was April 27th. Be sure to introduce them slowly to increased sunlight and colder temps--move plants slowly from the shelter of the house to their summer spot.

**Lawns:** Seed or oversow lawns this month. Aerate and de-thatch your lawn this month to allow healthy root growth. Mow often in the spring so that you never have to mow more than a third of the height of the grass each time. Fertilize now if you did the first fertilization in February.

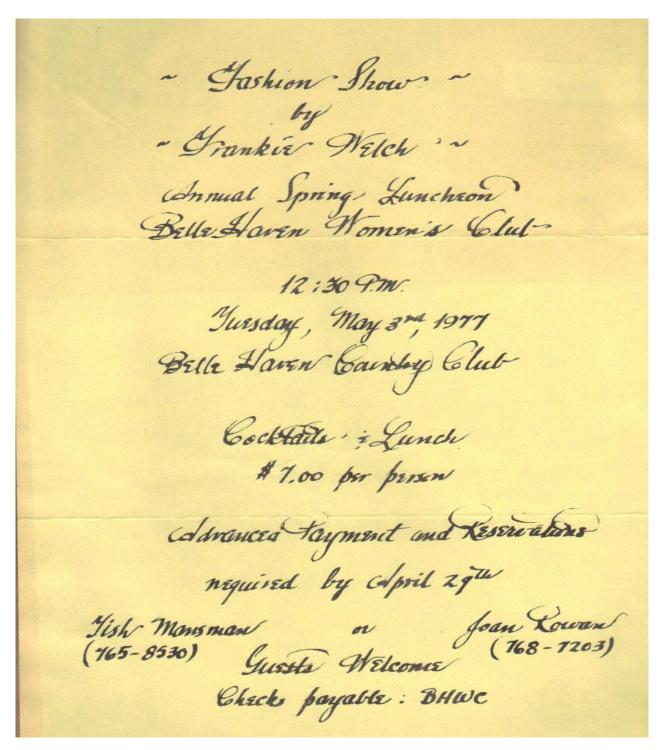
And don't forget, you will find these and many other interesting garden ideas at the **Belle Haven Garden Club Website:** <a href="http://bellehavengardenclub.com/">http://bellehavengardenclub.com/</a>
Eleni Silverman
President, Belle Haven Garden Club

#### HISTORIAN AND ARCHIVES NEWS

We continue to work with the older scrapbooks in an effort to organize sequentially and summarize where continuity and clarity is needed. A special thanks goes to the ladies who have recently submitted pictures, old cookbooks and other documentation! These items will help us fill in some of the gaps in our last two or three decades.

Susan Golightly, Historian and Archives Chair

From the BHWC Archives: Invitation to the 1977 Annual BHWC May Event



#### **Did You Know?**

The Belle Haven Women's Club has a terrific website. Find the **BHWC Membership Directory, Calendar for the Year, Photos, Membership Form, and More...** 

## www.bellehavenwc.com

**USER NAME:** bhwcmember

PASSWORD: bhwc22307

For Easy Access: Bookmark the BHWC Website and Check  $\ensuremath{\square}$  Remember Me